

## **Visa Requirements to Participate in Courses**

Due to Indian visa regulations, foreign nationals on a tourist visa are not allowed to attend courses (except short-term yoga programs). You will need to apply for an **Entry (X-3) Visa** at the Indian embassy or consulate in your home country, for which a **recommendation letter** from the Auroville Foundation is required.

### **What is the procedure?**

1. Send an **email to [quiet@auroville.org.in](mailto:quiet@auroville.org.in)** with the following details:
  - full name as mentioned in your passport
  - nationality
  - passport number
  - passport expiry date
  - location of the Indian embassy/consulate, where you will apply for your visa
  - arrival date in India
  - departure date from India
  - intended period of stay in India (max. 3 months) if you don't know yet your arrival and departure date
  - home address
  - contact telephone/mobile number
2. Attach a **scanned copy or photo of the main page of your passport**, so that we can verify your details.
3. On this basis, the **Auroville Foundation will issue a recommendation letter** requesting the Indian embassy/consulate in your country to issue an Entry (X-3) Visa.
4. **Quiet Healing Center will email a scanned copy of this letter** to you, with which you can apply for the appropriate visa to attend courses at the Quiet Healing Center.
5. Please keep in mind that it will take **about 10 working days** to email a copy of the recommendation letter to you. If the Indian embassy/consulate needs the original letter, we will send it by courier to your home address, which takes **4 to 5 working days** to arrive.
6. After you have received your visa from the embassy/consulate, please email a **copy of the visa page** to us for our records.

Keep a copy of your visa application form with you when you come to India. This will not be required at immigration, but will be useful if any query comes up.

**Foreign nationals will need to show a valid visa at the reception before admission to a course!**

Please note that this type of visa is:

- limited to max. 3 months
- not extendable
- valid for single entry only