



WATSU  INDIA

Oceanic Bodywork Aqua[®] (OBA) 2

with Gianni De Stefani

Certified OBA & WABA Instructor



This course, fully focused on underwater work, is an expansion of the techniques, movements and qualities learned in OBA 1. Your underwater journey will be enriched by new experiences, additional movements and various forms of dynamic aquatic bodywork.

You will also learn to synchronize yourself with your receiver, so that your life energies will flow more harmoniously and your underwater sessions become more creative, enriching and joyful.

OBA 2 gives 60 hours of credit for registration with WABA (Worldwide Aquatic Bodywork Association) and Watsu India.

Date: 15 - 21 January 2019
8.45 AM - 6.30 PM (60 hours)

Prerequisite: OBA 1 or equivalent course

Bookings: Quiet Healing Center - Auroville
Phone: 0413 2622329 / 9488084966
E-mail: quiet@auroville.org.in
www.quiethealingcenter.info