

Couples in Flow

with Dariya & Daniel

Welcome couples, on this 2-day journey of relaxation, connection and celebration on land and in warm water.

We offer you a safe space and simple explorations where you can rediscover one another in new ways of intimacy. You are going to learn easy applicable skills to hold space for each other, fun ways to be together and connect with others in the group.

This course is inspired by aquatic bodywork (like Watsu, Liquid Flow etc.), Tantsu (simple ways of holding and massaging on land), free dance, deep listening, and our innate longing to play, to connect and simply be. Space is limited to 6 couples.

No previous experience required (also no need to know how to swim!)

23 - 24 December 2017

9 AM - 6 PM

At Quiet
Healing Center
Auroville

Info & booking:
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