



WATSU  INDIA

Liquid Flow Essence

with Dariya & Daniel

Floating in warm water
weightlessly and free of effort

This intense course with the main Liquid Flow sequence is for students of different aquatic bodywork modalities, who wish to dive deeper into their practice. In combination with practices on land, you will experience the profound effects of this powerful, yet softening, work.

Inspired by different aquatic bodywork modalities, it offers a wonderful new sequence of essential mobilisation possibilities in a flow with ease and continuity.

Prerequisite: Watsu & Liquid Flow Basic or other course including under water



8 - 14 January 2019

9 AM - 6 PM (plus 1 evening)

At Quiet

Healing Center, Auroville

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