



Quiet Healing Center Aquatic Bodywork Courses December 2016 - April 2017

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For information & bookings, please email us at quiet@auroville.org.in, contact us through our website www.quiethealingcenter.info or call our reception +91 413 2622329 (landline) or +91 9488084966 (mobile)



ATC Watsu® & OBA®

with Luigi Cappellini & Gianni De Stefani



Watsu India organises an adult-learning course geared towards aquatic bodywork practitioners, who would like to become assistant teachers in Watsu & OBA (Oceanic Bodywork Aqua).

Dates:
29 - 31 March 2017

Prerequisites:
Practitioner of Watsu, OBA or other WABA recognised aquatic bodywork modalities.

Credits: ATC Watsu & OBA is recognized by WABA (Worldwide Aquatic Bodywork Association) and gives 30 hours of credit for registration with WABA and Watsu India.

Course Price: Rs 16,800 (lunch included)

This course is offered by two experienced teachers, who over more than a decade of practicing and teaching Watsu and OBA have gained a deep knowledge of teaching these aquatic bodywork techniques. While remaining respectful to the spirit of learning Watsu by Harold Dull and of OBA by Kaya & Nirvano, they have developed their own vision and methodology.

In this Assistant Training Course you will learn basic principles of teaching, such as the theoretical and practical teaching methodology for adult-learning, and apply them to aquatic bodywork modalities like Watsu & OBA.

Couples in Flow

with Dariya & Daniel



Welcome couples to this 2-day journey of relaxation, connection and celebration on land and in warm water.

We offer you a safe space and simple explorations where you can rediscover one another in new ways of intimacy.

Dates:
17 - 18 December 2016
08 - 09 April 2017

Prerequisites:
No previous experiences required (also no need to know how to swim!)

Credits: Couples in Flow gives no credit for registration with WABA or Watsu India.

Course Price: Rs 9,500 per couple (lunch included)

You will learn easily applicable skills to hold space for each other, fun ways to be together, and connect with others in the group.

This course is inspired by aquatic bodywork (Watsu, Liquid Flow etc.), Tantsu (simple ways of holding and massaging on land), free dance, deep listening, and our innate longing to play, connect and simply be. Space is limited to 6 couples.



ITC OBA®

with Luigi Cappellini



Instructor Training Course (ITC) Oceanic Bodywork Aqua (OBA): Step 1 - Liquid Joy (OBA Basic Instructor)

Your learning goals during this Instructor Training Course for OBA Step 1 - Liquid Joy are to be able at the end of your training to:

-) know how to organize, guide and assist participants in OBA Basic courses in line with the ATC's vision;
-) prepare, share and offer OBA Basic courses, and perform individual tasks and/or provide the expected lessons;
-) offer a suitable environment for adults, which will promote learning and a partnership based on equal relationships;
-) know how to create appropriate conditions for the welfare and safety of participants throughout the duration of the course;
-) ensure quality teaching in order to foster a positive effect for developing personal skills;
-) know how to place your OBA Basic courses on the market and adapt to the realities of your region as to promote them adequately.

Dates:
01 - 03 April 2017

Prerequisites:
(1) OBA 3 & ATC for Watsu & OBA (or equivalent course) OR
(2) OBA practitioner* and ATC for Watsu & OBA (or equivalent course).
[*practitioner of OBA (after 2005), Aqua Wellness (before 2005) or Oceanic Aqua Balancing (before 1996)]

Credits: ITC OBA is recognized by WABA (Worldwide Aquatic Bodywork Association) and gives 30 hours of credit for registration with WABA and Watsu India.

Course Price: Rs 17,500 (lunch included)

Liquid Flow Essence

with Dariya & Daniel



This 7-day high level intermediate course with the main Liquid Flow sequence is for students and practitioners, who wish to dive deeper into the beauty of aquatic bodywork.

During the course, you will expand your knowledge with a focus on

flow and continuity of movement, which provide possibilities for improving your therapeutic work and holding space for a sense of timelessness.

In combination with work on land, you will experience the profound, multilayered effects of this powerful, yet softening, work.

Dates:
29 Jan. - 04 Feb. 2017

Prerequisites:
Watsu & Liquid Flow Basic or Watsu & OBA Basic or level 1 of other under water modalities.

Credits: Liquid Flow Essence is part of the Watsu India training program and gives 50 hours of credit for registration as a supplementary class with WABA (Worldwide Aquatic Bodywork Association) and as an elective with Watsu India.

Course Price: Rs 28,500 (lunch included)



Oceanic Bodywork Aqua - OBA[®] 1

with Gianni De Stefani



OBA 1 - Fluid Body concentrates on basic skills for working with a client under water.

It also offers a process of discovery and learning how to engage with the element of water and its healing properties in a playful and relaxed way.

Dates:
21 - 23 December 2016

Prerequisites:
Watsu Basic or Watsu & Liquid Flow Basic.

Credits: OBA 1 is recognized by WABA (Worldwide Aquatic Bodywork Association) and gives 25 hours of credit for registration with WABA and Watsu India.

Course Price: Rs 14,500 (lunch included)

In addition to gaining practical skills in the Oceanic Bodywork Aqua techniques, which you can intensify by giving and receiving sessions, the theoretical process on land helps you to consolidate what you have learnt in the pool.

Oceanic Bodywork Aqua - OBA[®] 2

with Gianni De Stefani



OBA 2 focuses on learning more complex techniques, refining your intuitive responses and preparing for working professionally with people in water.

The environment of the group allows to integrate your own experience and to learn how to give and to receive, how to

Dates:
22 - 28 February 2017

Prerequisites:
OBA 1, Liquid Flow Essence, Waterdance 1.

Credits: OBA 2 is recognized by WABA (Worldwide Aquatic Bodywork Association) and gives 60 hours of credit for registration with WABA and Watsu India.

Course Price: Rs 33,650 (lunch included)

lead and to surrender. These are central aspects in understanding and experiencing how OBA works.

Successful completion of this course enables you to give practice sessions to friends and family.



Oceanic Bodywork Aqua - OBA[®] 3 - Cosmic Body with Luigi Cappellini



During these 7 days, you will repeat and deepen what you have learned in OBA 1 & 2 (formerly called Aquawellness 1 & 2) and deepen your insight into giving an OBA session.

You will also be introduced to the latest, more advanced techniques and learn about the benefits of working with a series of sessions in order to experience the profound "aquatic body wave".

Dates:
20 - 26 March 2017

Prerequisites:
OBA 2.

Credits: OBA 3 is recognized by WABA (Worldwide Aquatic Bodywork Association) and gives 60 hours of credit for registration with WABA and Watsu India.

Course Price: Rs 33,650 (lunch included)

You'll have time to deepen your personal growth and continue your learning path in a safe space of love and support. It will as well continue your journey back to your origins... into the endless depths of your inner ocean.

With this course, you will complete the main steps of your learning process as OBA Bodyworker.

Shiatsu for Watsu[®]

with Natacha Laborde & Petra Buschfeld



Shiatsu is a form of natural healing that originated within the oldest healing system known to humanity. It is a method of restoring and maintaining health by adjusting and balancing the body's primary communication system - the energy system.

About 70% of this course is on land. We will offer a simple protocol of Shiatsu, learning to apply pressure along the 12 main Meridians (energy pathways), and some basic theory of Chinese Medicine (yin yang, 5 elements system, organ-clock). Practical exercises will let you discover your own energy system, to become more sensitive to the energy in your partner's body and to transmit that into the water.

To become a registered Watsu practitioner, you need to have at least 50 hours of Shiatsu or Tantsu, another method of land-based bodywork.

Dates:
26 - 31 December 2016

Prerequisites:
Watsu 1 or equivalent course.

Credits: Shiatsu for Watsu is recognized by WABA (Worldwide Aquatic Bodywork Association) as part of the Watsu learning program and gives 50 hours of credits for registration with WABA and Watsu India.

Course Price: Rs 27,500 (lunch included)



Tantsu® 1

with Xavier Boisson



During the first 4 days, you will learn the basics of Tantsu: cradling someone in a comfortable holding, which gives access to a deep level of relaxation and stillness.

The micro-movements that appear will guide your moves, stretches and rotations of shoulders, arms, hips and legs, thereby releasing blockages in the energy flow.

The following 2 days will take you deeper into body-listening and exploration of various possible body movements. You will also learn about meridians, hara, and the connection between mind and body.

This course will teach you Tantsu as a joyful expression of caring love.

Dates:
01 - 06 March 2017

Prerequisites:
No previous experience required.

Credits: Tantsu 1 is recognized by WABA (Worldwide Aquatic Bodywork Association) as part of the Watsu training program and gives 50 hours of credit for registration with WABA and Watsu India.

Course Price: Rs 27,950 (lunch included)

Water & Dance

with Dariya & Daniel



Dates:
19 - 20 December 2016
10 - 11 April 2017

Prerequisites:
No previous experience required.

Credits: Water & Dance gives 15 hours of credit for registration as a supplementary class with Watsu India.

Course Price: Rs 6,500 (lunch included)

A 2-day celebration for ALL lovers of movement and flow.

We will playfully explore and express ourselves through movement and dance on land and in warm water, on our own, with partners and in the group. From self-connection to allowing movements to emerge, no one deciding where to go, the doors open for non-verbal communication and deep sharing...

Connecting on land to our deeper longings, we give the body permission to find its own way of expression and possibly contacting others. Warm water with its sense of weightlessness and fluidity invites us to let go and experiment with our own organic and fluid way of movement.

Let's enjoy this journey!



Watsu® & Breathing

with Xavier Boisson



Dates:
10 - 11 March 2017

Prerequisites:
Watsu Basic or Watsu & Liquid Flow Basic.

Credits: Watsu & Breathing is recognized by WABA (Worldwide Aquatic Bodywork Association) as part of the Watsu training program and gives 15 hours of credit for registration with WABA and Watsu India.

Course Price: Rs 8,550
(lunch included)

A 2-day journey of exploring and discovering your breath and its applications in Watsu. You will also learn to integrate the practice of Watsu qualities and the power of working with your client's breath.

Several topics will be discussed such as the link between breathing and yourself as a giver, but also breathing and the energetic connection with the receiver. You will also study the anatomical basis of the human respiratory system to better understand its functioning.

To incorporate all these elements into your water work, you will practice, explore, share your feelings, and practice again and again...

Watsu® & Liquid Flow Basic

with Dariya & Daniel



Watsu & Liquid Flow are aquatic bodywork modalities given in a warm water pool (ideally 35°C).

Watsu, the part during which the client's face remains on the surface, introduces the qualities and body mechanics to work with someone in water.

Dates: (6 half days only)
24 - 29 December 2016
23 - 27 January 2017
01 - 06 March 2017

Prerequisites:
No previous experience required.

Credits: Watsu Basic is recognized by WABA (Worldwide Aquatic Bodywork Association) as part of the Watsu training program and gives 16 hours of credit for registration with WABA and Watsu India. Liquid Flow Basic is part of the Watsu India training program and gives additional 11 hours of credit for registration with Watsu India and 11 supplementary hours with WABA.

Course Price: Rs 14,750

During the Liquid Flow part the receiver is brought under water (with nose clip), which offers a unique experience.

In this course, you will practice basic techniques and qualities of being (grounding, presence, stillness, movement, attention) while moving another body in water. You will experience floating other people and being floated, on the surface and under water, thereby creating space for deep relaxation and nurturing body, mind and spirit.

Participants in this course often appreciate the group space, which fosters deep, meaningful and nurturing connections.



Watsu® & Meditation

with Dariya



Meditation is an important tool to listen, accept and know ourselves, and to become more intuitive towards ourselves and others. Besides the physical and psychological benefits, its purpose is to build a connection with our soul and with the Divine in and around us, in whichever spiritual or religious form we prefer to understand.

It also encourages the development of our intuition and perception through the heart and not only through the rational mind. This allows us to operate on a higher level and make better choices.

Meditation essentially helps us to develop our capacity for introspection and is the basis for our ability to listen to the person we float during a Watsu session.

Dates:
20 - 21 January 2017

Prerequisites:
Watsu Basic or Watsu & Liquid Flow Basic.

Credits: Watsu and Meditation is recognized by WABA (Worldwide Aquatic Bodywork Association) as part of the Watsu training program and gives 15 hours of credit for registration with WABA and Watsu India.

Course Price: Rs 8,550 (lunch included)

Watsu® Basic & OBA® Intro

with Petra Buschfeld



Watsu & OBA are aquatic bodywork modalities given in a warm water pool (ideally 35°C).

Watsu, the part during which the client's face remains on the surface, introduces the qualities and body mechanics to work with someone in water.

During the OBA part the receiver is brought under water (with nose clip), which offers a unique experience.

In this course, you will practice basic techniques and qualities of being (grounding, presence, stillness, movement, attention) while moving another body in water. You will experience floating other people and being floated, on the surface and under water, thereby creating space for deep relaxation and nurturing body, mind and spirit.

Dates:
05 - 07 February 2017
05 - 07 April 2017

Prerequisites:
No previous experience required.

Credits: Watsu Basic is recognized by WABA (Worldwide Aquatic Bodywork Association) as part of the Watsu training program and gives 16 hours of credit for registration with WABA and Watsu India. OBA Intro is part of the Watsu India training program and gives additional 8 hours of credit for registration with Watsu India and 8 supplementary hours with WABA.

Course Price: Rs 13,400 (lunch included)



Watsu® & Pregnancy

with Xavier Boisson



This 2-day course offers water students and practitioners the necessary tools for giving sessions to pregnant women and gaining a deeper insight into the fascinating world of pregnancy and birth in relation to aquatic bodywork. It also offers specific indications and contra-indications in the context of pregnancy and will allow you to give precious support to future mothers.

Dates:
08 - 09 March 2017

Prerequisites:
Watsu Basic or Watsu & Liquid Flow Basic.

Credits: Watsu & Pregnancy gives 15 hours of credit as an elective with Watsu India.

Course Price: Rs 8,550 (lunch included)

With Watsu, we can help relieving specific pains and create psychological conditions to better prepare pregnant women for childbirth.

The course also focuses on the prenatal energetic relation between parents and child and how the future father can fully participate in the pregnancy. With Watsu, the family history starts well before birth...

Watsu® 1

with Dariya & Daniel



A 7-day course on the surface only.

In the first stage of Watsu 1, you learn Watsu's Tai Chi-like basic movements and positions and how you, while staying grounded and connected with your partner's breath, let the water do the work. In its regular return to the Water Breath Dance position, you will find the

Dates:
12 - 18 January 2017

Prerequisites:
Watsu & Liquid Flow Basic or Watsu Basic.

Credits: Watsu 1 is recognized by WABA (Worldwide Aquatic Bodywork Association) as part of the Watsu training program and gives 50 hours of credit for registration with WABA and Watsu India.

Course Price: Rs 28,500 (lunch included)

stillness that is the basis of being present.

In the second stage, the Transition Flow, you learn to connect these basic movements and positions with long, gracefully flowing transitions and to adapt this work to people of different sizes, shapes, and dispositions. You also learn about your own body mechanics and how to support and move each person as effortlessly as possible.

On land, you will be introduced to both Co-Centering and Tantsu, and explore what being held means to you and others.



Watsu® 1 & OBA® 1 - Fluid Body

with Gianni De Stefani



This intensive 10-day course (with a one day break after 6 days) on the surface as well as under water is a “classic” in our course repertoire.

In the first stage of Watsu 1, you will learn Watsu's Tai Chi-like basic movements and positions while letting the water do the work. In the second stage, the Transition Flow, you will

acquire the skills to connect these basic movements with long, gracefully flowing transitions. You will also learn about your own body mechanics and how to support and move each person as effortlessly as possible.

OBA 1 - Fluid Body focuses mainly on underwater movements, where the whole body can be moved in playful new ways.

On land, you will be introduced to both Co-Centering and Tantsu and explore and share what being held means to you and others.

Dates:

09 - 19 February 2017
(no course on 15 Feb.)

Prerequisites:

Watsu & Liquid Flow Basic or Watsu Basic & OBA Intro.

Credits: Watsu 1 & OBA 1

- Fluid Body is recognized by WABA (Worldwide Aquatic Bodywork Association) as part of the Watsu training program and gives 75 hours of credit for registration with WABA and Watsu India.

Course Price: Rs 42,500
(lunch included)

Watsu® 2

with Gianni De Stefani



A 7-day course on the surface only.

Watsu 2 expands the Transition Flow taught in Watsu 1. You learn additional movements and bodywork in each position and to incorporate them in a session. You also learn about the meridians and acupressure points in Watsu and to creatively explore your own

movements, while following the client's tendency to move.

Acupressure massage, lifts, pushes and pulls introduced at this stage, help developing the ability to explore and play with energy.

Because you have now plenty of material to work with, it is recommended that you give at least 20 logged practice sessions before moving on to Watsu 3 or another form of aquatic bodywork.

Dates:

12 - 18 March 2017

Prerequisites:

Watsu 1.

Credits: Watsu 2 is

recognized by WABA (Worldwide Aquatic Bodywork Association) as part of the Watsu training program and gives 50 hours of credit for registration with WABA and Watsu India.

Course Price: Rs 28,500
(lunch included)



Watsu® 3

with Gianni De Stefani



A 7-day course on the surface only.

Watsu 3 is for people who have given enough Watsu sessions to develop a comfortable, intuitive awareness of how to float another person and who are ready to adapt and further explore aquatic bodywork outside the fixed form of Watsu 2.

Dates:

02 - 08 January 2017

Prerequisites:

Watsu 2 and Watsu 2 mastery.

Credits: Watsu 3 is recognized by WABA (Worldwide Aquatic Bodywork Association) as part of the Watsu learning program and gives 50 hours of credit for registration with WABA and Watsu India.

Course Price: Rs 28,500 (lunch included)

Powerful stretches and advanced techniques, and rolls that require a spontaneous adaptation are learned as a gateway into Watsu's "Free Flow".

You can only participate in this advanced course after having shown and passed your Watsu 2 mastery!

Watsu® Basic

with Petra Buschfeld, Dariya or Gianni De Stefani



A 2-days course, on the surface only.

Watsu Basic introduces the body mechanics to work with someone on the surface in order to create a profound state of physical and mental relaxation. In this course, you will learn and practice basic techniques and qualities (grounding, presence, stillness,

Dates:

14 - 15 December 2016

09 - 10 January 2017

Prerequisites:

No previous experience required.

Credits: Watsu Basic is recognized by WABA (Worldwide Aquatic Bodywork Association) as part of the Watsu training program and gives 16 hours of credit for registration with WABA and Watsu India.

Course Price: Rs 9,500 (lunch included)

movement, attention) of being and moving another person in water. You will experience floating other people and being floated, while creating a space for deep relaxation and nurturing body, mind and spirit.

Considered as one of the most profound developments in bodywork in recent times, Watsu brings the giver and receiver to a new level of connection and consciousness that involves our whole being.



Watsu® for Babies

with Dariya



Watsu for Babies is a beautiful and spontaneous way of experiencing the first childhood years and is open to all those who would like to learn the joy of being in water with babies.

Dates:
21 February 2017
14 April 2017

Prerequisites:
No previous experience required.

Credits: Watsu for Babies is recognized by WABA (Worldwide Aquatic Bodywork Association) and gives 8 hours of credit for registration as aquatic bodywork with WABA and as an elective with Watsu India.

Course Price: Rs 4,950 (lunch included)

In this course you will discover that emotions arising from spontaneous movements in water open extraordinary borders. They allow us to be in the present moment, simply listening to the breathing of the baby while being supported by the healing power of water.

Through some Tantsu and Ai-Chi exercises, you learn to listen to yourself and to the baby you hold in your arms. You will also learn possible transitions of the Watsu sequence in order to expand it in a creative way for babies.

Woga 1 & 2

with Petra Buschfeld or Dariya



A 2-day course.

Woga is the union of two words: water and yoga.

Thanks to a decrease of gravity, water offers an ideal environment for Hatha Yoga asanas in combination with Pranayama, the control and regulation of the respiration. The warm water sweetens movements, unblocks articulations, and lengthens and melts muscles.

Dates:
10 - 11 December 2016
12 - 13 April 2017

Prerequisites:
No previous experience required.

Credits: Woga 1 & 2 (Yoga in Water) is recognized by WABA (Worldwide Aquatic Bodywork Association) and gives 12 supplementary hours of credit for registration with WABA and Watsu India.

Course Price: Rs 5,450 (lunch included)

Water yoga is based on classic yoga poses and stretches, which are modified for standing in water that is between waist-to-chest high. You do not need to know how to swim. Classes are structured much like their yoga equivalents on land: breathing, warm-up exercises, a series of poses, and a relaxation period. The difference is that you are in a warm water pool!

Focus of Woga 1 & 2 is Hatha Yoga in water (asanas in standing position, on the wall, in floating position, and also under water), pranayama and meditation.



Teachers

Biographies

Courses 2016-2017



Gianni De Stefani travels worldwide since more than 30 years as organizer and WABA instructor.

He teaches Watsu Basic, Watsu 1, 2 & 3, Anatomy for Watsuer, Adapted Watsu, Watsu & Meditation, Watsu for Babies, OBA, Woga, Water Gymnastics and Rehab.

- ATC Watsu® & OBA®
- OBA® 1
- OBA® 2
- Watsu® 1 & OBA® 1 - Fluid Body
- Watsu® 2
- Watsu® 3



Dariya (as WABA instructor) & **Daniel** have been sharing their passion for aquatic bodywork with groups since 2004.

Besides the belief that a solid technical base provides possibilities for ease and lightness in further learning, their main focus is to create spaces for flow, deepening and connection.

- Couples in Flow
- Liquid Flow Essence
- Water & Dance
- Watsu® & Liquid Flow Basic
- Watsu® & Meditation
- Watsu® 1
- Watsu® Basic
- Watsu® for Babies
- Woga 1 & 2



Xavier Boisson is a WABA instructor for Watsu Basic, Watsu 1 and Tantsu, and a WaterDance practitioner. He is also specialised in working with pregnant women (and their partner).

- Tantsu® 1
- Watsu® & Breathing
- Watsu® & Pregnancy



Teachers

Biographies

Courses 2016-2017



Petra Buschfeld, a certified acupuncturist, is a WABA instructor for Watsu Basic and co-teaches Shiatsu for Watsu. She also teaches OBA Intro and Woga 1 & 2.

- Shiatsu for Watsu®
- Watsu® Basic
- Watsu® Basic & OBA® Intro
- Woga 1 & 2



Luigi Cappellini is the director of the School of Oceanic Bodywork Aqua (OBA) and has been teaching OBA since 2000. He is also an Ai-Chi instructor and has spent several years studying Shiatsu with Japanese masters.

- ATC Watsu® & OBA®
- ITC OBA®
- OBA® 3



Natacha Laborde is a certified Shiatsu teacher and practitioner.

- Shiatsu for Watsu®



General Information

Course Timings

Full day courses start at 8.45 am and last till 6.00 or 6.30 pm. Afternoon courses start at 1.30 pm. Lunch is included in all full day courses.

Course Prices

Course prices include pool use, didactic material (DVD and manuals), certificates, lunches and snacks, and registration fees with WABA (Worldwide Aquatic Bodywork Association) and Watsu India. Prices are given in Indian Rupees (Rs).

Visit <http://www.oanda.com/currency/converter> to check prices in your currency.

Advances

We request an advance deposit of at least 20% of the course price to confirm your booking and secure your place. You are welcome to deposit a higher amount if you want to reduce bank charges.



How to book

If you are interested to join a course, write us an email at quiet@auroville.org.in or contact us through our website at www.quiethealingcenter.info. Please give us details of previous trainings in aquatic bodywork, if any, to ensure that you are qualified to attend the course you are interested in. (Read the course prerequisites!)

We will inform you within the next few days about availability of place and email you all necessary bank information for making an advance deposit to the Quiet Healing Center.

Advances from within India may be made by bank draft/cheque or by electronic online transfer (NEFT) from your home.

Advances from abroad may be made by bank draft/cheque, SWIFT transfer or, if your bank provides this facility, directly online from your home.

If a course is full, we will put your name on the waiting list and let you know if we receive a cancellation.

Language Requirements

Basic knowledge of English is required, as all courses are taught in English, although some of our teachers are proficient in French, German and Italian.



Refund Policy

Advances are in principle non-refundable. Exceptions may be made if you cancel at least one month before the course starts. In this case, bank charges and a small admin fee will be deducted. If the course is cancelled, your advance will be fully reimbursed. We do not accept, however, any further liability due to course cancellations.

Final Payment

Balance of the course price should be paid on the first day of the course either in cash, preferably Indian Rupees, or by credit card. We accept Visa Card, Master Card and Maestro. Admission to the course will only be given after your balance is settled.

Please arrive at the Quiet Healing Center reception at least half an hour before the course starts to make your final payment and sign in.

In case you have to leave the course due to illness or any other personal reason, we will not be liable to make any refund.

Course Cancellations

Courses may be cancelled due to an insufficient number of students (min. 4-6). Check with our reception a few days before your course to avoid unnecessary travel.

If you have any further questions, please feel free to contact us.

Quiet Healing Center

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No Liability Disclaimer

We welcome you to our center and wish to offer our best services for your optimal learning experience in aquatic bodywork. At the same time, we ask you to take full responsibility for yourself and inform the teacher of any relevant medical condition before or during the course.

We reserve the right to exclude any student during any course, who has behaved in an inappropriate or unethical manner towards other students, or in a disruptive way towards the group. In these extreme circumstances, the student will be required to leave immediately and will not receive any refund or have any claim against the teacher or Quiet Healing Center.

We can not be held responsible for any injury, theft or damage to personal property of course participants. You are advised to have your own insurance arrangements.

Neither can we be held responsible for any course disruption or cancellation due to factors outside our control, such as bad weather conditions, local area electricity failures, contagious illness, digestive ailments, etc. In case weather conditions during a course delay access to the outdoor pool, we will to the best of our abilities adjust the learning program according to the needs of the group.