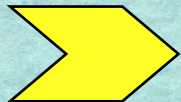




Gianni De Stefani

WOGA® Water Yoga Trainer and AICHI Instructor
Will present the following courses at
Sri Ma Pool - Tanto Far Beach Guest House



- 31.8.2017 AICHI INTRODUCTION COURSE** - 6 hours
1/2.9.2017 WOGA®1 and 2 - 12 hours
4/6.9.2017 ITC PREPARATORY WOGA & AICHI - 21 hours
7/9.9.2017 ITC INSTRUCTOR TEACHER COURSE AICHI - 21 hours
11/13.9.2017 ITC INSTRUCTOR TEACHER COURSE WOGA® - 21 hours

AICHI Introduction and WOGA® 1 and 2 courses are open to everybody
AICHI is a soft and heart technique to explore a way of Tai Chi in the water
We will learn the way to be and feel the water through a session of 19 kata
WOGA® is Yoga in the water - you will learn asana on standing, floating, at the wall and underwater position

The pre-requisite to participate to ITC Preparatory WOGA® & AICHI course is AICHI intro and WOGA® 1 and 2
The pre-requisite to participate to ITC Instructor Teacher Course of AICHI and WOGA® is ITC Preparatory WOGA® and AICHI

Registration: courses will be registered under the WOGA/WABA International Institute
Participants: minimum 6 - maximum 10
Info and booking: Loretta - info@woga.pro - info@watsu.in

For accomodation: contact directly Sheril at tantofarbeach@gmail.com
Phone 9443668149
www.woga.pro - www.watsu.in

